

## CSIP/UCLAN research 2007/08 Community Research Liverpool

### PHQ9 Analysis – ALM

Interview No.	PHQ9 score	Immigration Status
27	1	British Citizen
1	1	Asylum Seeker
16	3	Asylum Seeker
24	4	Asylum Seeker
3	4	Refugee
4	5	Refugee
5	5	Refugee
19	5	Asylum Seeker
11	8	Asylum Seeker
28	9	Asylum Seeker
21	10	Asylum Seeker
10	10	Asylum Seeker
37	10	Asylum Seeker
13	11	Refugee
18	11	Refugee
23	12	Other - ELR
36	13	Refugee
7	15	Asylum Seeker
9	15	Refugee
35	15	Refugee
20	17	Refugee
29	17	Asylum Seeker
2	17	Asylum Seeker
14	18	Asylum Seeker
32	18	Asylum Seeker
17	18	Asylum Seeker
31	18	Asylum Seeker
33	18	Asylum Seeker
6	19	Asylum Seeker
30	19	Asylum Seeker
8	21	Refused AS
22	23	Refused AS
12	23	Asylum Seeker
26	27	Refused AS
15	28	Asylum Seeker
25	28	Asylum Seeker

As part of the research we tested the PHQ9 depression screening tool to see whether this could be used by non-clinicians in the ALM environment, and also to try and gauge the depth of need within the Asylum Seeker cohort.

Of the 36 participants scored, 19 had scores of 15 or higher, indicating a need for clinical intervention. This amounts to 53% of our sample and shows the pressure that many Refugees are under; several people regularly contemplated suicide.

#### 1.5 – What is your immigration status

3 of the respondents were refused Asylum Seekers – all scored very high on the scale (21,23,27). In contrast people with Refugee Status tended to score lower, the highest being 17.

#### 1.11 – Standards of Housing

This had a minimal effect on the PHQ9 score. Some people with poor housing had low scores, others in good housing had high scores. Overall the standards of accommodation are good but there are problems associated with sharing, lack of privacy and cleanliness which affect people mentally.

Score	Action
<b>4 or less</b> (Minimal/no depression)	Score suggests treatment may not be needed
<b>5 – 14</b> (Mild to Moderate)	Base <b>clinical judgement</b> about treatment on duration of symptoms and impact on functioning
<b>15 +</b> (Moderate to Severe)	Warrants treatment for depression using antidepressant medication and/or psychological intervention

Looking at the higher end scores – high 20s – 5 people placed themselves in this category, with 3 well into the bracket contemplating suicide. Even if you take the figure of 3 out of 36, this still means that roughly 8% of Asylum Seekers are contemplating suicide. Round this up to the 6000 people we see every year and you begin to see how much misery is out there. Looking at the figures in the round, only 5 out of the entire sample were depression free.